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Raleigh, NC

Friday, March 6, 2026

USDA/NCDA Market News

North Carolina Grass Fed Beef Report (Monthly)

Report reflects grass fed beef prices available directly from producers to consumers on a retail basis. All beef products are considered "Local" to North Carolina and raised within state borders plus 50 miles outside the border. Cattle are processed under state and federal inspection. Prices are FOB selling point; delivery and/or shipping not included. \*\*Next report will be published Wednesday, April 1, 2026 in observance of the Good Friday holiday Friday, April 3, 2026.\*\*

	(\$/lb)	Avg (\$/lb)	Median (\$/lb)
Whole Cow Hanging	6.25-9.00	7.46	7.30
Half Cow (Package wt.)	6.50-10.00	8.33	8.50
Quarter Cow (Package wt.)			
Filet Mignon	21.00-26.00	23.67	24.00
NY Strip	17.00-24.00	18.98	18.37
Ribeye	17.25-21.95	19.98	20.99
T-Bone	17.00-26.95	21.54	21.11
Sirloin	9.00-18.00	14.21	14.11
Flat Iron	12.00-18.00	15.25	15.97
Flank Steak	12.00-18.00	14.50	14.25
Skirt Steak	12.00-14.00	12.90	13.06
Hanger Steak	11.99-20.00	15.94	16.32
Cube Steak	8.00-12.00	9.49	9.25
Denver Steak	10.00-17.95	12.74	11.50
London Broil	9.00-16.95	11.70	11.50
Short Ribs	6.00-14.00	9.48	9.30
Brisket	8.00-16.00	10.80	10.55
Bottom Round Roast	8.00-10.95	9.60	10.00
Top Round Roast	11.00-12.08	11.65	11.75
Sirloin Tip Roast	7.50-12.49	10.22	10.50
Chuck Roast (Boneless)	5.26-10.00	8.62	9.00
Shoulder Roast	9.00-11.00	10.15	10.00
Tri-Tip Roast	17.75-19.00	18.38	18.39
Rump Roast	8.75-13.00	10.57	9.87
Ground Beef	7.00-13.00	9.15	9.00
Hotdogs	11.00-12.00	11.67	12.00
Sausage, various	10.00-11.00	10.50	10.50
Stew Meat	8.49-14.00	10.20	9.25
Osso Bucco	8.95-11.00	9.79	10.00
Liver	3.99-7.50	5.71	5.95
Heart	4.00-9.00	6.01	5.82
Tongue	4.99-10.00	7.10	6.95
Ox Tail	7.95-10.82	9.46	10.00
Knuckles	1.00-8.00	4.10	4.25
Bones, Soup (1 lb. pkg)	1.49-9.00	5.61	6.00
Bones, Marrow	4.00-8.00	5.98	5.93

Source: NCDA&CS - USDA Market News Service, Raleigh, NC  
and NCDA&CS Market News, Raleigh, NC  
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